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Aesthetics, Skin Care, and
Dermasurgery

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Antioxidant Protection

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Ask The Aesthetician

Jacqueline Post, Dr. Green's Medical Aesthetician, answers some of our patients most commonly asked questions about skin care.

Q: Is it important to use topical antioxidants daily?

Jakki:

Daily application of a topical antioxidant is extremely important for your skin's overall health and protection. With the skin being our largest organ, it is responsible for many important physiological functions and severely susceptible to free radical damage. Free radicals are produced by harmful pollutants in the environment and UV light. Such damage causes wrinkles, aging, hyper pigmentation, loss of tone, and skin cancer. Not to mention the internal association to various diseases.

Research has shown that internal supplementation improve the levels of antioxidants in the skin cells, but topical application distribute these essential nutrients to the skin much more rapidly. Measureable studies indicate that topical antioxidants PROTECT the skin from certain types of cancer, UV damage, and reduces inflammation. Some very potent antioxidants are coffeeberry, idebenone, Vit.C and Vit.E (when used together).

Latisse is transforming the beauty industry...one lash at a time!

Latisse is the first FDA approved topical prescription to help grow longer, fuller,



darker lashes.

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